

BelindaFranksCatering

cockatoo island café menu 2009

breakfast

homemade granola, stone fruit compote and greek yoghurt	8.5
organic fruit and seed loaf, whipped ricotta and spiced apricot	6
toasted ciabatta or turkish bread, butter and preserves	5
today's fruit muffins	4
fried or scrambled open range eggs with ciabatta toast	9
bacon, mushrooms	3.5
roast tomato, avocado	3
bacon and egg roll	6.5

lunch

classic salad roll on freshly baked baguette	9
double smoked ham, swiss cheese, spinach and tomato relish on ciabatta	9
roast chicken, avocado, lettuce and mayo on turkish bread	9
falafel, tabouleh, hommus and mint yoghurt toasted in pita	9
pastrami, emmental and sauerkraut on ciabatta	9
goat cheese, tomato and eggplant tart	9
roast vegetable salad with chickpeas, lemon dressing and pita crisps	11
angus beef burger with fresh tomato, lettuce, caramelised onions, cheese and beetroot relish, chips	13.5
fish and chips with homemade tartare sauce.	13.5
crumbed sea scallops, caper dill mayonnaise and iceberg lettuce	9
hot chips	5

kids

crumbed chicken and chips	8
fish and chips	8

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sweet

triple chocolate brownie	4
cookies	3
cakes (see display)	5.5
side of ice cream or cream	1

drinks

fruit juices	3
still water	3
soft drink cans	3
gatorade	3.8
espresso coffee small/large	3.5/4.2
tea, herbal infusions	3.5
soy extra	5
hot chocolate small/large	4/4.5

alcoholic beverages

james boags premium lager	7
heineken lager	8
james boags premium light	6
white glass/bottle	7/30
red glass/bottle	7.5/33